

# ACADEMIC PHYSIOTHERAPY CONFERENCE

“The Rules of Physical Therapy for Cardiac Rehabilitation in  
Community Settings”



ACADEMIC PHYSIOTHERAPY  
CONFERENCES  
Physiotherapy UMS 2023

ORGANISED BY

Physiotherapy Department  
Faculty of Health Sciences  
Universitas Muhammadiyah Surakarta

August 12<sup>th</sup>, 2023

## About Us

In 2023, Department of Physiotherapy, Faculty of Health Sciences, Universitas Muhammadiyah Surakarta is proud to host an international virtual symposium and call for paper called the Academic Physiotherapy Conferences 2023 (APC 2023). We hope such work will be an essential mechanism for the innovation of research. This symposium should provide a forum for graduate students, teachers, and physical therapist to disseminate the information obtained from research and to create a further national and international research network in the field of physical therapy.

# International Virtual Symposium Seminar



## THEME

The theme of this international seminar is “The Rules of Physical Therapy for Cardiac Rehabilitation in Community Settings”

## OVERVIEW

Over time, physical activity in reference to heart disease is far from being new. Despite some evidence of these particular physical activity benefits, mobility restriction was imposed on patients with acute cardiac events, often leading to serious deconditioning problems, decline in functional capacity, prolonged hospitalization, and increased mortality. Guidelines for CR were first established by the American College of Sports Medicine and the American Heart Association. Rehabilitation and secondary prevention gained broad support as an essential component of comprehensive care in patients with cardiovascular disease (CVD). Cardiac rehabilitation is defined as a secondary prevention model that reduces mortality and the risk of recurrent events and improves CVD patients' quality of life (QoL). A cardiac rehabilitation program is primarily based on the favorable effects of physical exercise (exercise-based cardiac rehabilitation), but comprehensive programs also include educational sessions focusing on risk factors, lifestyle and its modification.

## DATE

August 12<sup>th</sup> , 2023

## MEDIA CONFERENCE

Virtual by Zoom conference and live streaming You Tube

## REGISTRATION POLICY

All session in international symposium seminar can be attended free of charge but registration is required

## WEBSITE

<https://apc.ums.ac.id/2023/>

TIME (GMT+7)	TOPIC	SPEAKERS
07:45 – 07:50	<b>OPENING CEREMONY</b>	
<b>SESSION I: WELCOMING SPEECH</b>		
07:50 – 07:55	Physiotherapy in Universitas Muhammadiyah Surakarta	Dr. Umi Budi Rahayu, S.Fis., Ftr., M.Kes <i>Dean Faculty of Health Sciences, UMS</i>
07:55 – 08:00	Physiotherapy Profession Program, Universitas Muhammadiyah Surakarta	Dwi Rosella Komalasari., S.Fis., Ftr., M.Fis., Dipl. Cibstec., Fet Cidesco, Sp.Vestibular, Ph.D <i>Head of Physiotherapy Profession Program, UMS</i>
<b>SESSION II: KEYNOTE SPEAKER</b>		
08:00 – 08:50	The Critical Points of Exercises for Patients with Cardiac Problems	Isnaini Herawati, S.Fis., Ftr., M.Sc <i>Academic Lecturer in Physiotherapy Department, UMS</i>
08:50 – 09:00	Question and Answer Session 1	
09:00 – 09:50	Clinical Practice Guidelines for Cardiac Rehabilitation	Purnomo Gani Setiawan, SSTFT., Ftr <i>Physiotherapist, RSUP Dr. Kariadi, Semarang</i>
09:50 – 10:00	Question and Answer Session 2	
10:00 – 10:50	The Rules of Physical Therapy for Cardiac Rehabilitation in Community Settings	Asst. Prof. Dr. Nantinee Nualnim <i>Faculty of Physical Therapy, Mahidol University, Thailand</i>
10:50 – 11:00	Question and Answer Session 3	
11:00 – 11:30	<b>CLOSING CEREMONY</b>	

# Call for Paper

## FOCUS AND SCOPE

This conference publishes original research articles, review articles, case reports, and short communications. Submitted papers can be written in English for an initial review stage by editors and further review process by a minimum of two reviewers. The topics related cardiac rehabilitation but not limited to any physiotherapy competencies.

## PUBLICATION POLICY

All accepted papers will be presented will be published into ISSN Proceeding. Estimated publication time in ISSN Proceeding is 40 days. Authors can find out more about the publication time via the official web of APC 2023.

## CERTIFICATE TERM

1. Letter of Acceptance will be awarded to authors whose paper is accepted by editorial team
2. Certificate of Presenter will be awarded to authors who present their paper in oral presentation on August 12<sup>th</sup> 2023

## PRIVACY STATEMENT

The names and email addresses entered in this call for paper site will be used exclusively for the stated purposes of publication and will not be made available for any other purpose or to any other party.

## AUTHOR(S) FEE

Author are required to pay an Article submission and publication fee as part of the submission process to contribute review and publication costs. The registration fee is paid AFTER receiving letter of acceptance

IDR. 150.000 for General Participants

## IMPORTANT DATES

DATE	EVENT
22 July 2023	Last Oral Presentation Registration
24 July 2023	Deadline Full Paper Submission
31 July 2023	Notification Paper Revision
02 Augusts 2023	Notification Paper Acceptance
<b>12 August 2023</b>	<b>Conference date</b>

# Conference Committees

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